

16th May 2024

Dear Parents and Carers,

## **Our PSHE & RSE Programme (RSHE) in Years 4, 5 and 6**

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Relationships, Social and Health Education (RSHE) course, which is taught through the Jigsaw Programme. This looks at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of the RSHE course is to help our pupils make safe and informed decisions during their school years and beyond.

Relationship and Sex Education (RSE) is an important part of the RSHE course. At London Meed, puberty is taught as a statutory requirement of Health Education and covered by our Jigsaw PSHE Programme in the 'Changing Me' puzzle unit, which is taught in the second half of the Summer term. Parents have the right to request that their child be withdrawn from sex education delivered as part of statutory Relationships and Sex Education. We conclude that sex education refers to Human Reproduction, and therefore inform parents of their right that their child can be withdrawn from the lessons that explicitly teach this. These are listed below:

Year 4, Lesson 2 (Having a baby)

Year 5, Lesson 4 (Conception)

Year 6, Lesson 4 (Conception, birth)

During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom – so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

Many parents and parent-related organisations support good quality RSE in school. Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school (after half term). If you have any queries about the content of the programme, any resources used, or you wish to withdraw your child from the above lessons, please do not hesitate in contacting me via the school office.

Yours sincerely,

Jake Terrill, RSHE Lead

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