

London Meed Primary School

Bravery Curiosity Resilience Community Respect

NEWSLETTER: Friday 22nd March 2024

Dear Parents and Carers,

How lovely to see so many of you during our Parent Consultation evenings this week. We hope that you enjoyed looking at your child's work and feel happy with the progress they are making. Please remember that you can always make an appointment with your child's class teacher or a member of the Senior Leadership Team if you have anything further to discuss.

We are always looking for ways to develop community links. Last Friday, twenty pupils from Year 6 visited The Pantry in Burgess Hill town centre to see how donations are used by local families. The children took part in various activities including visiting the shop where they chose 10 items and learnt what were healthy choices. The rest of the year group will be visiting The Pantry in the next few weeks.

Still on the community theme, we are looking forward to welcoming a small group of pupils from Woodlands Meed school for a tour of London Meed on Monday.

Another of our key values is respect. I would just like to remind everyone that we do expect all pupils, staff and parents to follow our values and ensure that we speak and act towards each other in the way we would like to be treated ourselves. Please find attached our Visitor Protocol that was approved by our Full Governing Body this week.

This will be the last newsletter for the Spring term as our final day is next Thursday 28th March. All children are invited to wear their home clothes on this day (children who celebrate a birthday during the holiday can wear home clothes on the day we return). We look forward to welcoming the children back on Monday 15th April. Please remember that I do not work on Mondays.

Have a lovely Easter break.

Natalie Langtree, Head teacher

Who's in Charge Parenting Course.

Please find below details of a "Who's in Charge" course that is running from Tuesday 23rd April and finishing 18th June at Woodlands Meed college site.

whose in charge - parenting course

Who's in Charge? is a 9 week child to parent violence (CPV) programme aimed at parents and carers whose children (age 8-18) are being abusive or violent towards them or who appear out of parental control. The structure of the programme consists of eight, weekly sessions with a two-month follow up. The programme is both educational and therapeutic, we will discuss the causes of CPV, give strategies to help you gain back control and support you throughout the process of change.

This will be an online, evening course. The charge for the whole course is £2.



Please email larnold@woodlandsmeed.co.uk to express interest. We can arrange a call back to discuss your individual needs.

The Summer term clubs timetable will be sent to parents and carers after the Easter holidays on the 16th April.

London Meed Hero Awards

Many congratulations to our pupils who have been awarded this week's London Meed Hero Award: please note it is one child per class for all year groups.

Name of child	Class	Reason
Markas A.	6B	For calculating percentages of amounts and measuring angles accurately when drawing pie charts. Well done, Markas!
Alex	6H	For writing an impressive and powerful speech about world peace, remembering to include features of persuasive writing. Fantastic Alex!
Elliot	5D	For being a kind and helpful member of the class community,

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		who always tries his hardest in every aspect of his learning and goes out of his way to help others. Keep it up, Elliot!
Isla p	5S	For showing resilience to always achieve her full potential, and for always making the most of a creative writing opportunity. You have an outstanding attitude to learning and a natural talent for writing. You should be very proud
Aria	40	For developing independence in writing and mathematics showing resilience and bravery in learning
Aly	4P	For showing creativity and choosing interesting vocabulary and language when writing his own version of The Great Kapok Tree.
Harry	3M	For showing respect to your peers within the classroom. Your improved behaviour is having a positive impact on your learning! Keep it up, well done!
Darcy	3C	For writing a brilliant beginning and middle of your Chinese Myth.
Rosie	2M	For using expression when reading to improve her fluency. Great work Rosie!
Aizah	2K	For showing curiosity when learning about food chains in science this week! Keep it up!
Joshua	1S	For achieving a London Meed Hero award for always showing the school values of resilience when completing Well done Joshua!
Frankie	1M	For being such a fabulous member of our community. Frankie always follows the golden rules. Well Done Frankie!

Fable	Cherry	For showing resilience and working hard in all his lessons.
Grace E	Apple	For always trying her best when working with a teacher and for being an engaged and enthusiastic independent learner who challenges herself in her learning.

Wakeup Wednesday



Children can often be guarded about their emotions or any difficulties they're experiencing 😊 This reticence can extend to chats with their parents. A study by the Office for National Statistics found that 64% of children reported regularly talking to their parent about "things that matter", and even fewer (45%) held

conversations of the same kind with their dad 💬

It's incredibly important, of course, for young people to have someone to confide in when they're confused, upset or unsure of themselves – and to know that they can do so without fear of being judged or punished. This week, our #WakeUpWednesday guide (see attached) explores how to encourage open and honest discussions with children, empowering them to open up if they need help.



KS1 Multisports

On Thursday afternoon, ten children from Year 2 travelled to Oathall School to take part in a multisport event. They had a great time, throwing, running, jumping and competing. The children were all very well behaved, showing our values of Respect and Resilience.

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Congratulations Lucas!

Well done to Lucas from class 3M who achieved his green belt in martial arts last week.

Year 3 Maths lesson

Year 3 pupils showed curiosity when investigating capacity as part of their Maths lesson this morning. The children worked collaboratively showing our community values when they were working together in small groups.

Plea!



If you have any old newspapers or child friendly magazines for a Stem project please can you drop them into the school office by next Thursday 28th March.

Many thanks.

Musical Achievements



We would like to congratulate the following children who have music lessons with Mrs Dudding:

Milo 3C, Lola 5S, Isla P 5S, Oscar 5S, Eva 5S, Grace

5S, Oliva 3M, Thea 3M, Jon 6B, Zoe 6B, Hugh 5D, Aoife 5D, Esme 6H, Clara 4O, Freya 4O, Sami 6H, Oscar 6H.

All of these children performed in Mrs Dudding annual Spring Concert at the Adastra Hall last Sunday. These children performed alongside many of Mrs Dudding's private pupils. All involved gave outstanding performances and we are incredibly proud of them all.

We also wish Oscar 6H all the best with his grade 1 piano exam this Saturday.



Year 1 Car Rally

Year 1 children invited their reading buddies to watch their Car Rally this morning. During their DT week, the children have been busy designing and making their own land vehicle for "The Pirates Next Door."

Year 4 Reptylers



The children in Year 4 have had a fabulous finish to their Under the Canopy topic. They had a visit from 'Reptylers' and found out about amphibians and reptiles that live in the rainforest. They met and held some amazing creatures.

Reaching Families

Reaching Families is a West Sussex-based organisation which aims to empower, inform and support parents and families of children and young people with special educational needs and disabilities in West Sussex.

They offer a wide range of services including free courses on a number of areas including:

Making Sense of Masking,

Making Sense of Transition to Secondary School

Understanding Attention Deficit Hyperactivity Disorder (ADHD)

Understanding Autism

To see all events and book please visit:

<https://www.eventbrite.co.uk/o/reaching-families-8261724058>

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These are online workshops for help parents and carers, to develop understanding how specific issues impact on children's behaviour, relationships and day-to-day life.

Please note the workshops are funded by Reaching Families only for parents and carers of children with special educational needs and/or disabilities in West Sussex.

Once you have booked a place you will receive an email confirmation from Eventbrite.

For more information about them, visit their website: www.reachingfamilies.org.uk

West Sussex Family Hub

There is a Family Hub in Penn Crescent Haywards Heath that is open to all families. Family hubs offer a range of support, information and guidance to parents, carers and young people as part of Early Help. Hubs are open for you to drop in and speak to our staff Monday to Friday during opening times on a whole range of issues affecting you and your family. They also have public access computers to use, free of charge, as well as social spaces available to meet other parents.

We have staff in all our hubs on the front desk who can offer information, advice and guidance.

They can help you with: finding childcare, applying for free childcare entitlement, finding local activities and support services, pregnancy and early child development, Parenting and health advice for you and your family, how to access local housing services crisis support, such as emergency access to food and utilities, personal finance and the benefits you may be entitled to. For further information please click on the link <https://www.westsussex.gov.uk/education-children-and-families/find-a-family-hub/mid-sussex-family-hub/#>.

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK.

These say when children should be kept off school and when they shouldn't. For more guidance please

visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the Study Bugs App If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.

Year Group/Class	PE days
Apples	Tuesday and Friday
Cherries	Monday and Wednesday
Year 1	Wednesday and Thursday
Year 2	Tuesday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Friday
Year 5	Tuesday and Wednesday
Year 6	Monday and Thursday

Mental Health Concerns

If you have concerns about your child's mental health or if they are in crisis please contact the "Sussex Mental Health Helpline" for free on 0800 0309 500 or via 111 (Option 2). This helpline is open 24/7 365 days a year.

If you feel your child presents with risks to self or others or is at risk of harm from others please make a direct referral to the **Integrated Front Door Service (IFD)** by either calling **01403 229900** or email wschildrenservices@westsussex.gov.uk. IFD is best placed to offer advice and provide support regarding risk. Please also advise the school of any referral that you make.

Term Dates 2023-24

For WSCC term dates please visit

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

Academic Year 2023-2024 term dates including

INSET Days

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Spring term 2024

Half term 12th February to 16th February

INSET DAY - Monday 19th February

Children return Tuesday 20th February

Last day of term Thursday 28th March

Easter Holidays 29th March to 12th April

Summer term 2024

Starts Monday 15th April

Bank Holiday - 6th May

INSET DAY - Friday 24th May

Half term 27th May to 31st May

INSET DAY Monday 3rd June

Last day of term Tuesday 23rd July

Please find below the INSET days for the next academic year 2024/2025 as I know this helps with planning any holidays:

Monday 2nd September 2024

Friday 25th October 2024

Friday 14th February 2025

Friday 23rd May 2025

Monday 2nd June 2025

Here is the link to the WSCC term dates

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

Forthcoming events

To view forthcoming diary dates please visit our Online calendar which can be accessed via our website www.londonmeedprimary.co.uk



A colorful poster for 'Tuck Shop Friday' presented by 'THE LMA'. The poster features a whimsical illustration of a house with a large lollipop on top. The text 'THE LMA PRESENTS...' is in green, and 'TUCK SHOP FRIDAY' is in large pink letters. Below this, it says 'OUTSIDE THE MAIN GATE AFTER SCHOOL'. A list of items includes cakes, crisps, sweets, pick and mix, fruit kebabs, chocolate, ice lollies, and doughnuts. At the bottom, it states 'Items will vary each week. Prices range from 20p - £1.00. Event is weather dependant. From Friday 1st March 2024!'. The poster is decorated with colorful bunting at the top and bottom.



A poster for the 'West Sussex Disability Register'. It features a collage of images including a horse, a person with a wheelchair, and a person with a white cane. The text 'Sign up to the West Sussex Disability Register!' is in a white box. Below this, it asks 'Do you have a young person in your family aged between 0-25 who has a disability? Sign up now to:' and lists benefits: 'Help influence services and plan events', 'Receive regular eNewsletters with local events, activities and information', 'Access discounts on local and national attractions', and 'Find out about free specialist library resources'. The website 'westsussex.gov.uk/disabilityregister' is at the bottom. The poster has a green background with yellow stars and a checkmark.

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Children's Swimming Lessons

4 teaching pools 8K swimmers 30+ years

Monthly payments, term time classes!
From babies up to squad level

We have pools across Burgess Hill, Hurstpierpoint and Brighton!

join at any time!

**Finn's Swim**
• school •

call us on **01444 246800**
to book your place

www.finnsswimschool.co.uk
formerly known as floaters