

# London Meed Primary School

Bravery Curiosity Resilience Community Respect

NEWSLETTER: Friday 3<sup>rd</sup> May 2024

Dear Parents and Carers,

We have had such a lovely week in school and there has been so much to enjoy and celebrate, including trips, a visit from a theatre company, a sponsored event and sporting events as well as the start of our clubs. A parent's comment at the gate warmed my heart when she said that the children at our school seem to have lots of treats and opportunities. It is so important to me that children have positive experiences at school and make memories that last a life time. Our fantastic staff team share this vision and are dedicated to providing a rich curriculum.

This week Mr Terrill and I have been monitoring teaching and learning in computing, geography, music and art. Our expectations for progress in these subjects are as high as they are in English and mathematics and I have loved seeing children's enthusiasm and engagement.

## Dogs

Can I politely remind everyone that it is West Sussex policy that dogs are not allowed into the school grounds. All dogs, including cute puppies, must stay behind the wooden gates on Chanctonbury Road.

## Nut Free School

Please can I also remind you that our school is a nut free school. We have a few children with severe nut allergies. Please ensure packed lunches do not include foods with nuts in such as Nutella.

Have a lovely long weekend everyone.

Natalie Langtree, Head teacher



## Football

**ProStrike Fundraising event 1<sup>st</sup> May 2024**



On Wednesday this week we welcomed Pro Strike Football to the school for a sponsored shooting event. All the children (and most of the staff!) took part and had a really fun time. The children were buzzing with excitement to have a go. Thanks to the generosity of our community we have managed to raise over £2000 which will be put towards future projects in school. Events like these really do help us support our school plans so thanks you all for your support. Mr King, Community lead

## London Meed Hero Awards

Many congratulations to our pupils who have been awarded this week's London Meed Hero Award: please note it is one child per class for all year groups.

Name of child	Class	Reason
Finn J.	6B	For his dedication to learning and impeccable work ethic and for being a talented and passionate mathematician. Keep it up, Finn!
Bea	6H	For showing determination, ambition and resilience to achieve during SATs revision and practice tests. Well done, Bea!
Scarlett	5D	For writing an interesting and engaging retelling of a traditional Native American Tale, where she used the descriptive writing success criteria to assess and edit the effectiveness of her work. Keep up all your hard work, Scarlett!

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Jude	5S	For showing resilience when writing a narrative inspired by a Native American tale, ensuring he uses descriptive language making it exciting to read. Well done Jude!
Leia	4O	For always being ready for learning and listening to feedback to improve her writing showing great respect
Beau	4P	For demonstrating a good understanding of mathematical strategies to calculate money and sharing his knowledge to offer a detailed explanation to the class. Keep shining in Maths by showing a positive attitude to learning. Well done Beau!
The whole class	3M	For showing great curiosity and respect during our school trip to Fishbourne Roman Palace. You all behaved wonderfully and represented London Meed extremely well. I am so proud of you all!
Lara	3C	For showing patience and resilience to independently convert pounds into pence and the whole class for behaving beautifully at Fishbourne
Elisabeth	2M	For helping her class community by contributing to class discussions. Great work Elisabeth!
Ritika	2K	For showing improved resilience during maths lessons this week. Keep it up!
Myles	1S	For showing bravery and resilience in phonics and writing. Keep up the good work. Well done Myles!
Bobbie	1M	For working so hard to learn and practise her phonics. Well done Bobbie!
Toby	Apples	For wonderful engagement in phonics lessons, super reading, super writing and challenging himself in independent learning.
Aidan	Cherry	A great start at London Meed and trying his best in all lessons.

## Chartwells new link

Chartwells have been listening to feedback from schools and parents, and they are very pleased to be able to share with you, their brand-new website link.

W: [West Sussex | Chartwells](#)



Scan me;

Parents can find all the links on here including, the menu, theme day menus, ParentPay guides (an FAQ will be added shortly), and of course, our direct contact details. Please find attached a copy of the meal order cut off dates for 2023-2024.

## Year 5 visit to Marten House



On Friday last week, some of our Year 5 pupils visited Marten House Care Home to spend time and play games with some of the residents there. The children learnt so much about their local area and its history and behaved brilliantly. All Year 5 children will be visiting at some point this year, with further visits planned for after half term.

## Year 3 Fishbourne trip



Year 3 visited Fishbourne Roman Palace yesterday and we had a great time! We saw ancient mosaics, artefacts and hypocausts from the kings and

queens that lived there around 2000 years ago. We learnt how to write our names in Roman letters and we practised writing on beeswax, just like the Romans did. The children behaved wonderfully and represented London Meed extremely well.

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## Y2 Trunk Theatre



On Tuesday The Trunk Theatre came to London Meed to do a show about The Great Fire of London. They bought the whole show in trunks. We loved it when they used different accents and when they pretended to blow up the buildings with gunpowder. During the show there was a smoke machine to make it feel realistic and the performers changed their hats to change characters, this made us laugh. We even had a water race to try and put the fire out! Finally, we worked as a team to draw large murals to show how we thought London should be rebuilt after the fire. We had a brilliant time at the theatre.

-Year 2

## Head lice

We have received reports of some children having headlice this week. Head lice and nits are very common in young children and their families. They are not caused by dirty hair but are picked up by head-to-head contact.

Head lice can make children's head feel itchy. The only way to be sure someone has head lice is by finding live lice. You can do this by combing their hair with a special fine-toothed comb (detection comb). You can buy these online or at pharmacies.

### How to get rid of head lice

Treat head lice as soon as you spot them. You can treat head lice without seeing a GP.

Check everyone you live with, or have close contact with, and start treating anyone who has head lice on the same day.

There's no need to keep your child off school if they have head lice. You do not need to wash your laundry on a hot wash.

For more guidance from the NHS please click on the following link <https://www.nhs.uk/conditions/head-lice-and-nits/>

## Y1 Spotty Art

Year 1 are learning about a famous artist called Yayoi Kusama. She is a Japanese artist famous for covering everything in dots and not being sorry! Yesterday, we covered our classroom (and Mr Terrill!) in dots, and we aren't sorry!!



## Reading Raffle Winners



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Congratulations to our Reading raffle winners: Haven, Zach, Minnie, Maya, Amelie, Alex, Aaron, Yarik, Cameron, Ruby, Finn, Sophia and Aden.

## Super Southdown!

Connall and Elliot from Y4 made the Sussex Express last week

<https://www.sussexexpress.co.uk/sport/football/super-southdown-fcs-semi-final-triumph-4601060>

They were part of the Southdown Under 8s team, who played their first season of league football, who overcame local rivals Burgess Hill Juniors 5-3 in their semi-final in a terrific battling performance last weekend.

**D-DAY**  
6<sup>TH</sup> JUNE

**80 YEARS**  
1944-2024

Chartwells  
Menu swap with Friday 7<sup>th</sup> June

**MAIN**  
Fish Fingers and Chips  
Vegan Balls in Tomato Sauce and Chips  
Jacket Potato with Cheese and Salad

**SIDES**  
Baked Beans or Peas

**DESSERT**  
Chunky Chocolate Brownie

Order at [www.ParentPay.com](https://www.ParentPay.com) no later than Thursday 23<sup>rd</sup> May 2024  
Special diet menus will remain in place

**Thursday, June 6<sup>th</sup> 2024 marks a very important date in history, the 80<sup>th</sup> Anniversary of D-Day.**

The 80 Beacons celebrations will be one of the largest events in the UK this summer. You can visit [www.d-day80beacons.co.uk](http://www.d-day80beacons.co.uk) for more information.

Chartwells know pupils benefit from a hot meal at lunchtime and, as an industry, we know they impact so positively on so many lives – this is something to be celebrated.

Chartwells will be supporting this special event by swapping the menu on Friday 7<sup>th</sup> June with Thursday 6<sup>th</sup> June so that the children can have Fish and Chip Day but with the additional children's favourite: Chocolate Brownie.

**To order this special meal for your child please order via [ParentPay.com](https://www.ParentPay.com) no later than Thursday 23<sup>rd</sup> May. You can also click book via the QR code on the poster.**

## Super skier!



Lukas raced the National Finals representing London Meed in Gloucester on Friday 26<sup>th</sup> April - there were 167 racers across all age groups and each had qualified from regional events.

Lukas was a little nervous and had a practice on the slope in the morning and a course inspection after lunch. Lukas drew bib 74 which meant he had a long wait to ski the first of his two runs!

The wait didn't affect him though - he managed two clean runs, navigating the gates well and improving by a second on run two to charge up the standings and snatch a top 10 finish! To watch one of the runs please click on the following link.

<https://drive.google.com/file/d/12-MDAFYh49gEgvymws3em5OZ-cDTQ7ut/view?usp=drivesdk>

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## Reaching Families

Reaching Families is a West Sussex-based organisation which aims to empower, inform and support parents and families of children and young people with special educational needs and disabilities in West Sussex.

They offer a wide range of services including free courses on a number of areas including:

**Making Sense of Masking,**

**Making Sense of Transition to Secondary School**

**Understanding Attention Deficit Hyperactivity Disorder (ADHD)**

**Understanding Autism**

To see all events and book please visit:

<https://www.eventbrite.co.uk/o/reaching-families-8261724058>

These are online workshops for help parents and carers, to develop understanding how specific issues impact on children's behaviour, relationships and day-to-day life.

Please note the workshops are funded by Reaching Families only for parents and carers of children with special educational needs and/or disabilities in West Sussex.

Once you have booked a place you will receive an email confirmation from Eventbrite.

For more information about them, visit their website: [www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

## Digital Dependency Workshop for Families

WSCC colleagues at [Now and Beyond](#) recently offered an online webinar about how to deal with digital dependency as a family. The webinar was recorded and the link can be found [here](#).

The webinar is led by Louisa Rose who is the CEO of youth mental health charity Beyond and is an ex social media consultant. Combining her professional experience in both careers, Louisa addresses the rise in smartphone and social media dependency and provides tips and advice on how to reduce it. Beyond is a youth mental health charity tackling the youth mental health crisis that addresses the lack of access to support and create opportunities for early and personalised interventions.

## Community Spirit



Last Sunday, Zachary B 40 was flag bearer for Baden cubs.

Well done Zachary for showing our school value of Community.

## West Sussex Family Hub

There is a Family Hub in Penn Crescent Haywards Heath that is open to all families. Family hubs offer a range of support, information and guidance to parents, carers and young people as part of Early Help. Hubs are open for you to drop in and speak to our staff Monday to Friday during opening times on a whole range of issues affecting you and your family. They also have public access computers to use, free of charge, as well as social spaces available to meet other parents.

We have staff in all our hubs on the front desk who can offer information, advice and guidance.

They can help you with: finding childcare, applying for free childcare entitlement, finding local activities and support services, pregnancy and early child development, Parenting and health advice for you and your family, how to access local housing services crisis support, such as emergency access to food and utilities, personal finance and the benefits you may be entitled to. For further information please click on the link <https://www.westsussex.gov.uk/education-children-and-families/find-a-family-hub/mid-sussex-family-hub/#>.

## Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK.

These say when children should be kept off school and when they shouldn't. For more guidance please visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

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If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the Study Bugs App if your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.

Year Group/Class	PE days
Apples	Tuesday and Friday
Cherries	Monday and Wednesday
Year 1	Wednesday and Thursday
Year 2	Tuesday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Friday
Year 5	Tuesday and Wednesday
Year 6	Monday and Thursday

## Mental Health Concerns

If you have concerns about your child's mental health or if they are in crisis please contact the "Sussex Mental Health Helpline" for free on 0800 0309 500 or via 111 (Option 2). This helpline is open 24/7 365 days a year.

If you feel your child presents with risks to self or others or is at risk of harm from others please make a direct referral to the **Integrated Front Door Service (IFD)** by either calling **01403 229 900** or email [wschildrenservices@westsussex.gov.uk](mailto:wschildrenservices@westsussex.gov.uk)

IFD is best placed to offer advice and provide support regarding risk. Please also advise the school of any referral that you make.

## Term Dates 2023-24

For WSCC term dates please visit

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

### Academic Year 2023-2024 term dates including

#### INSET Days

#### Spring term 2024

Half term 12th February to 16th February

**INSET DAY - Monday 19th February**

Children return Tuesday 20th February

Last day of term Thursday 28th March

Easter Holidays 29th March to 12th April

#### Summer term 2024

Starts Monday 15th April

Bank Holiday - 6th May

**INSET DAY - Friday 24th May**

Half term 27th May to 31st May

**INSET DAY Monday 3rd June**

Last day of term Tuesday 23rd July

Please find below the INSET days for the next academic year 2024/2025 as I know this helps with planning any holidays:

Monday 2nd September 2024

Friday 25th October 2024

Friday 14th February 2025

Friday 23rd May 2025

Monday 2nd June 2025

Here is the link to the WSCC term dates

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

## Forthcoming events

To view forthcoming diary dates please visit our Online calendar which can be accessed via our website [www.londonmeedprimary.co.uk](http://www.londonmeedprimary.co.uk)

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**THE TOP HOUSE**

**Pub Quiz**

Max. 8 in a team  
Winner £50 bar tab!  
Great Raffle prizes to be won!!!

for London Meed Primary School

Tuesday 21st May 7pm

MAY 21  
£2.50 pp

Fun night out!

SEE YOU THERE!

The Top House  
Keymer Road  
RH15 0AD

@tophouseburgesshill  
Tel: 01444 220 974

This will be a great night out for all the parents and their friends and family to raise money for our children

Made with PosterMyWall.com



**THE LMA PRESENTS...**

**TUCK SHOP FRIDAY**

OUTSIDE THE MAIN GATE AFTER SCHOOL

cakes crisps sweets  
pick and mix  
fruit kebabs chocolate  
ice lollies doughnuts

Items will vary each week. Prices range from 20p - £1.00  
Event is weather dependant. From Friday 1st March 2024!

Made with PosterMyWall.com



**LOVE RUGBY GIRLS CAMP**

First 40 Girls to register receive a free gift bag

rugby

Sunday 19th May  
10:00 - 13:00  
Year 4, Year 5 & Year 6  
@ Burgess Hill Rugby Club  
To book a place email  
Girls@BHRFC.co.uk  
Or WhatsApp 07715 301518

TRY RUGBY WITH US!  
Visit findrugby.com

England Rugby

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## Nearly New Sale

Preloved Children's Clothes, Toys and Accessories  
Also a cafe serving drinks, cakes and snacks

**Saturday  
4th May  
10am-Midday**

**Cyprus Hall  
Burgess Hill  
RH15 8DX**

**Adults: £1  
Children: Free**

**Preloved stall: £15  
Local business  
stall: £20**

**Proceeds go towards  
funding our work at  
Time 4 Children**

**www.time4children.org.uk  
events@time4children.org.uk  
WhatsApp: 07719 063 415**

Charity number: 1111837

## GYMNASTICS AND DANCE ACADEMY BURGESS HILL



Venue- St Wilfrid's Catholic  
Primary School

Class list -

- Parent and Baby- (advised age 8 months to 2 years )  
Saturdays- 9am till 9.30am
- Tiny Gym, parent and child (advised age 2 years to 4 years)  
Saturdays- 9.30am till 10.15am
- Little Gym, Beginners (advised age 3 years to 8 years)  
Saturdays- 10.15am till 11.15am
- High Rollers, Intermediate- (advised age 6 years to 13 years)  
Saturdays- 11.15 till 12.15
- Boys, mixed ability -(advised age 4 years to 13 years)  
Saturdays- 12.15 till 1.15
- Squad - invite only, (advised age 6 years to 15 years)  
Saturdays- 1.30 till 3pm

Price list - 30 min session £20 a month, 45 min session £26 a month, 1 hour session £30 a month, 1.5 hour session £40 a month  
Free catch up classes available for all Gymnasts.  
free trial sessions available on request  
Discounts available for Family members

All our classes are fun, friendly recreational classes led by experienced coaches who are all DBS and First Aid trained.

To book a trial please contact Georgie on [georgiesgym@gmail.com](mailto:georgiesgym@gmail.com) or 07594305424