

London Meed Primary School

Bravery Curiosity Resilience Community Respect

NEWSLETTER: Friday 8th March 2024

Dear Parents and Carers,

On Monday, Ms Palethorpe led an assembly highlighting the extra pressures of being a Young Carer. The definition of a Young Carer is "A young carer is a young person under the age of 18 whose life is affected by the care needs of another person, who may have any disability or long-term illness. This could be anybody with a physical or learning disability, mental health problem, long term chronic health condition, someone who misuses drugs or alcohol, or is elderly and frail. Young Carers provide, or help to provide, a level of care and support to that person and take on a level of responsibility usually associated with an adult. The person they care for is usually someone they live with and could be a parent, sibling, grandparent or other relative." Further training took place on Wednesday for teaching staff to raise awareness and identify pupils who are Young Carers to ensure they get the support they need.

There is a new noticeboard in the reception area detailing our Young Carers team. Pupils have been advised that if they feel they are a Young Carer and wish to speak to someone about it they should pop their name in the envelope on the noticeboard. Further information can be found on our website.

Parent Consultation Evenings will be held on Tuesday 19th March 3.30-6pm and on Thursday 21st March 3.30-6.30pm. An online booking system, through our website host ESchools, will open to book your appointment on Monday 11th March at 6pm and it will close on Friday 15th March at 7pm. To log in please visit London Meed Primary School - Home and click on the "login" button in the top right-hand corner. Log in detail letters have been sent to all new parents to the school via the children this week.

You will be able to select which available appointment you would like to book and then generate a printable report if you wish to print confirmation of your booking.

We do expect separated parents to attend together, because this is in your child's best interests. Please allow a ten-minute gap between appointments if you have more than one child in our school.

For more information please click

<https://academy.eschools.co.uk/users/parents/parents-evening-parents/>

If you have any queries please email office@londonmeedprimary.co.uk

We have loved seeing the children's Shelfies and decorated book representations. What a lot of creative children we have! We will share some of these with you next week.

Have a super weekend.

Natalie Langtree, Head teacher

Youth Town Council Meeting

Last Friday, Ms Brayne took Oliver H and Mollie T from Year 6 to the newly formed Youth Town Council meeting at the Town Council Chamber in Burgess Hill. Sixteen pupils from local schools attended the first meeting where they met the Mayor and other local town councillors.

The councillors introduced themselves and spoke about how democracy works across the town. Janice Heywood, our Mayor spoke passionately about her role and announced that they are looking for a youth Mayor and Deputy to join her at events. Any pupil interested has been asked to put together a few words, saying why they would like to be Youth Mayor/Deputy Mayor and why they would make a good Mayor etc for the next meeting. All pupils present will then vote. The Town Council have obtained local sponsorship for the production of 2 ceremonial chains of office, which the winning candidates will be presented with at the next meeting.

The pupils completed a survey and spoke about what they liked best, what they liked least and what they would like to see in our town. Oliver and Mollie will be asking 10 of their friends to complete the same survey and report back at the next meeting.

The group were told that they have a budget of £1,000 to spend on a project(s) of their choosing. The group have also been told that the Town Council would like them to make the final decision on some new park playground equipment that will be installed, (not being paid for out of their £1,000 budget but already budgeted for elsewhere). So

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already they are making decisions which affect them and their peers.

Thanks go to Jane Davey, who is Chair of the local board for setting up the new Youth Council.

Year 6 Your Space workshop

Thanks go to Emma Connor from Your Space who gave a presentation on strategies how to manage your big worries in preparation for SATs transition to secondary school, and changes in their bodies.

Next week, all internal led clubs will finish for this term as per the email sent out earlier in the week. There will be no clubs run by school staff the weeks of the 15th or the 22nd March.

The Summer term clubs timetable will be sent to parents and carers after the Easter holidays on the 16th April.

London Meed Hero Awards

Many congratulations to our pupils who have been awarded this week's London Meed Hero Award: please note it is one child per class for all year groups.

Name of child	Class	Reason
Bow T.	6B	For writing a mature and emotional reflection on the effects of war and for improving her confidence in Maths. Keep it up, Bow!
Hanshita	6H	For showing curiosity and asking insightful questions when building a picture of a historical event using primary and secondary sources. Well done!
Dexter K.	5D	For always being a helpful and kind member of the school community and for always trying his best in every aspect of his learning. Keep it up, Dexter!

Hridha	5S	For settling into our school community so well and working hard; producing an exciting, persuasive leaflet about The Titanic II.
Amelia	4P	For showing resilience and perseverance in maths when working with fractions.
Cooper	4O	For developing his vocabulary and great improvement in reading and confidence at reading aloud.
Seb	3C	For making sensible choices and always showing care and consideration for his peers, as well as showing curiosity in all of his learning.
Abigail	3M	For showing curiosity and respect during our bee man visit. You also have used a fantastic variety of expanded noun phrases in your retelling of a traditional tale. Well done!
Melissa	2M	For sharing her wonderful opinions about the book 'Brave and the Fox' and helping her class community. Great work Melissa!
Oscar K	2K	For fantastic focus during your writing this week and a positive 'can do' attitude. Keep it up!
Noah	1S	For showing curiosity when learning about everyday materials in science. Well done Noah!
Abdul	1M	For working really hard to use his phonics when reading and trying to write words. Well done Abdul!
Freya	Apple	For an excellent attitude to learning and sharing all her ideas in lessons and for always trying her best in everything she does.
Annabelle	Cherry	For challenging herself with her sentence writing.

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Parking

Over the half term break we had our parking areas repainted. This now includes designated disabled bays; these bays are to support those families who have a disabled family member. To make sure that only appropriate families are using these spaces, we are asking that blue badge holders ensure that they always have their badge displayed when parked. After Easter we will be checking that cars parked in our disabled spaces are entitled to park there, and moving those that are not.

Handball Festival



Some Year 4 and 5 children attended a Handball Festival on Monday 4th March. They were fabulous representatives for the school embodying the values of bravery, community and

resilience. They were extremely polite.

It was delightful to see them enjoying the different activities and there were many laughs and smiles to be seen. Some of their favourite activities were aiming and scoring goals and playing team against team.

Y3 Bee Talk



Piers Pollard, a local bee keeper, came into school to speak to the Year 3 children about bees! He explained the vital role bees play in keeping our environment healthy and how the children can protect them. The children were able to try on a bee veil and smell some raw honey and beeswax.

We then ended the session with a fun game outside where the children got to practice their best bee waggle dance. Our children were so impressed and excited that we decided to create posters all about bees!

Y2 British Wildlife



Year 2 had a fabulous trip to the British Wildlife Centre on Thursday this week. We learned about and saw red squirrels, polecats, foxes, otters, owls, rats, ravens and

hedgehogs. We even got to feed the deer and hold a deer's antler! It was a great day and gave us the chance to learn even more about our science topic 'food chains'.

Young Carers Action Day – 13th March 2024

YOUNG CARERS ACTION DAY

CARERS TRUST

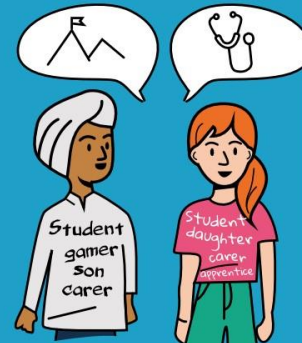
WEDNESDAY 13 MARCH 2024

Fair Futures for Young Carers

Being a young carer shouldn't be a barrier to a young person's dreams. It should be a stepping stone to a brighter future.

Together, let's create a future where young carers can dream without limits.

Your voice matters. Support us on Young Carers Action Day so every young carer can learn, earn, and thrive!



Find out more and get involved:
Carers.org/ycad

#YoungCarersActionDay



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This year's theme is **fair futures for young carers**. The day will focus on building a more equal future for young carers and removing barriers that many of their peers do not face.

Young Carers Action Day is an important day in the calendar to create action, influence and raise awareness for young carers and young adult carers. They are a group of people in the UK in desperate need of support especially given soaring caring hours, limited support in education, lack of government support and the cost-of-living crisis.

More about [Young Carers Action Day 2024](https://Carers.org/ycad).

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Musical Achievements

We would like to congratulate the following children who have piano lessons with Mrs Dudding.



Mahum (3M) has worked hard to complete John Thompson's Piano course, level 1. Well done Mahum!



Congratulations to Sami (6H) who took his grade one piano exam at the weekend and scored very highly. Sami has been learning with Mrs Dudding for just over a year now - what an amazing achievement. Well done Sami!



Congratulations to Oscar (5S) for being promoted to the Main Band at Burgess Hill Marching Youth. Oscar was so proud to receive it! Well done Oscar!

West Sussex Family Hub

There is a Family Hub in Penn Crescent Haywards Heath that is open to all families. Family hubs offer a range of support, information and guidance to parents, carers and young people as part of Early Help. Hubs are open for you to drop in and speak to our staff Monday to Friday during opening times on a whole range of issues affecting you and your family. They also have public access computers to use, free of charge, as well as social spaces available to meet other parents.

We have staff in all our hubs on the front desk who can offer information, advice and guidance.

They can help you with: finding childcare, applying for free childcare entitlement, finding local activities and support services, pregnancy and early child development, Parenting and health advice for you and your family, how to access local housing services crisis support, such as emergency access to food and utilities, personal finance and the benefits you may be entitled to. For further information please click on the link <https://www.westsussex.gov.uk/education-children-and-families/find-a-family-hub/mid-sussex-family-hub/#>.

Well done Lukas!



Last Thursday, Lukas C (class 5D) represented London Meed in The British Schools Ski Association Regional Race at Bowles Ski Centre, Crowborough.

Against tough opposition and racing in the U12 category, Lukas skied very well. He won the race and set the fastest U12 time of the season at the venue –

This qualified himself and London Meed for the National Championship Final next month in Gloucester!

Good luck Lukas!

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK.

These say when children should be kept off school and when they shouldn't. For more guidance please visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the Study Bugs App. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.

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Year Group/Class	PE days
Apples	Tuesday and Friday
Cherries	Monday and Wednesday
Year 1	Wednesday and Thursday
Year 2	Tuesday and Friday
Year 3	Wednesday and Friday
Year 4	Monday and Friday
Year 5	Tuesday and Wednesday
Year 6	Monday and Thursday

Mental Health Concerns

If you have concerns about your child's mental health or if they are in crisis please contact the "Sussex Mental Health Helpline" for free on 0800 0309 500 or via 111 (Option 2). This helpline is open 24/7 365 days a year.

If you feel your child presents with risks to self or others or is at risk of harm from others please make a direct referral to the **Integrated Front Door Service (IFD)** by either calling **01403 229900** or email **wschildrenservices@westsussex.gov.uk**. IFD is best placed to offer advice and provide support regarding risk. Please also advise the school of any referral that you make.

Term Dates 2023-24

For WSCC term dates please visit

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

Academic Year 2023-2024 term dates including

INSET Days

Spring term 2024

Half term 12th February to 16th February

INSET DAY - Monday 19th February

Children return Tuesday 20th February

Last day of term Thursday 28th March

Easter Holidays 29th March to 12th April

Summer term 2024

Starts Monday 15th April

Bank Holiday - 6th May

INSET DAY - Friday 24th May

Half term 27th May to 31st May

INSET DAY Monday 3rd June

Last day of term Tuesday 23rd July

Please find below the INSET days for the next academic year 2024/2025 as I know this helps with planning any holidays:

Monday 2nd September 2024

Friday 25th October 2024

Friday 14th February 2025

Friday 23rd May 2025

Monday 2nd June 2025

Here is the link to the WSCC term dates

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

Forthcoming events

To view forthcoming diary dates please visit our Online calendar which can be accessed via our website www.londonmeedprimary.co.uk

LMA Tuckshop



THE LMA PRESENTS...

TUCK SHOP FRIDAY

OUTSIDE THE MAIN GATE AFTER SCHOOL

cakes crisps sweets
pick and mix
fruit kebabs chocolate
ice lollies doughnuts

Items will vary each week. Prices range from 20p - £1.00
Event is weather dependant. From Friday 1st March 2024!

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