



# London Meed Primary School Newsletter

24th March 2025

Bravery Curiosity Resilience Community Respect

What another exciting week! The Year 4 children had an amazing time with 'Animazing'. They met a barn owl, rabbit, snake, tarantula, cockroaches and snails, and enjoyed getting to handle some of these. Year 3 also had the 'Bee Man' and loved finding out how to be beekeepers! Please see photos of both below. We ran two phonics workshops for Year 1 and Year 2 parents that were really well attended. We hope parents found these useful. Some of our Key Stage 2 children attended a hockey festival and a hockey competition. Both groups of children really enjoyed the activities and were amazing ambassadors for our school, as always. The children then all got to come to school in their own clothes for a donation for Comic Relief and raised a whopping £380 - absolutely brilliant.

Next week our Year 6 have Bikeability all week. This is where they are taught how to ride their bikes safely on roads. This will be taking place all week, so please be careful when driving around the local roads. I have my monthly Biscuit and Banter on Wednesday 26th March at 2.30pm in the small hall. Come along for a cuppa and a natter. Have a good week.

*Miss Dowley*

## **Easter Raffle OPEN:**

We are running an Easter Egg raffle with tickets available from the office until 3rd April. Raffle tickets cost £1 a ticket - you can either buy them at the office or we will be selling them on the gate after school each day starting from Thursday 20th March. We are looking for donations of eggs for the raffle - any size or flavour is accepted however please ensure they are nut free. We do have some 'Free From' eggs for those children who have allergies or dietary requirements but some more donations of these would help. Please send your Easter Egg donations into the office ready for Friday 4th April. Thanks so much for your help.

## **Year 6 End Of Year Show Sponsorship**

Year 6 are looking forward to their end of year production - what it is going to be is top secret! The licence for their show is £500 (this is a standard price) and we wondered if there were any parents or businesses that would like to sponsor this - your name would be on the programmes that go out and our posters (great advertising for businesses). It might be that you can sponsor half of this. Please let us know if this is something you can help us with. Thanks.



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On Tuesday, Year 4 has some very special guests ranging from furry rabbits to creepy crawlies. As you can see from the photos, they had an amazing time and were able to get close to the animals with help from Steve from Animazing



Tuesday was a very lively day here at London Meed, as Year 3 enjoyed a visit from the 'Bee Man'. Children learned all about beekeeping, saw some honeycomb up close, and heard all the benefits of bees to our ecosystem. A highlight for many was trying on a real beekeeper's hat!



On Wednesday children from years 5 and 6 attended a hockey tournament. They came up against some stiff opposition, but all children played incredibly well and enjoyed their matches.

We had some super teamwork, some fantastic goals and great sportsmanship. Well done to all who took part.



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We are excited to confirm it will soon be disco time here at London Meed on the 3rd April! The LMA have kindly arranged an Easter Disco for all pupils. Please ensure tickets are purchased via the link below:

[Disco Tickets](#)

### **3rd April**

- EYFS, Year 1 and Year 2 3.15-4pm
- Year 3 and Year 4 4.15-5pm
- Year 5 & Year 6 5.15-6pm

### **LMA News**

Clare, our current Chair of the LMA, is stepping down from the LMA. We want to take this

opportunity to thank her for all her hard work raising vital funds for our school. She has done a fantastic job and enabled the school to have many new resources. We know that the Christmas Fair was a great success alongside other events such as the Colour Run and school discos. We wish her the best of luck in her new ventures. As a result, we are looking for a new Chair, and volunteers, for our LMA and continue to raise money for the school. More details to follow regarding an LMA meeting to appoint new roles.

### **Many congratulations to our pupils who have been awarded this week's London Meed Hero Award.**

<i>Name of child</i>	<i>Class</i>	<i>Reason</i>
Poppy	6B	For a successful assessment week during which you have shown fantastic resilience and incredible determination to succeed and improve. What a brilliant role model you are! Keep it up, Poppy.
Emma	6H	For demonstrating an excellent attitude to learning. Emma always works hard, tries her best and shows respect to others during lessons. Fantastic effort, well done!
Olivia	5D	For confidently calculating the addition and subtraction of decimals as well as kindly supporting others with their learning. Your sense of community is fantastic to see as you willingly help others to master new concepts. Keep up all your brilliant work, Olivia!



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<i>Name of child</i>	<i>Class</i>	<i>Reason</i>
Oliver	5A	For sharing curiosity - particularly in Science and History lessons by asking relevant questions and sharing his knowledge in class discussions
Katie D	4S	Showing bravery and overcoming her fears during our animal visit. Well done Katie!
Hazel	4N	For being a wonderful addition to our class! We are so proud of the way she has settled over the last two weeks – she already demonstrates our values of bravery, resilience and respect, and we are so happy to have her with us! Welcome, Hazel!
Norman	3M	For showing great resilience during assessment week. You are always on task and you always complete your learning to a high standard. You are also a lovely member of the class and a fantastic role model. Well done, Norman!
Oscar SB	3T	For showing resilience during assessment week and for being a compassionate and empathetic member of the class. Well done, Oscar
Ziggy	2O	Being a superstar in phonics and using phoneme buttons and doing his best ever joined up handwriting. Amazing!
Evie	2S	For showing the school value of resilience when learning to join her writing. Evie has worked hard at something she has found tricky. Well done Evie!
Hamza	1C	Showing resilience and perseverance during guided reading and writing sessions. You should be really proud of the progress you have made.
Arabella	1M	Being an amazing friend. Arabella has really caught my eye this week as she has been looking out for others. Arabella ALWAYS demonstrates our school values of bravery, curiosity and respect and this week she had gone out her way to make sure everyone feels welcome in our class community. What a star!
Olivia	Apples	Always trying her best in everything she does and having a fantastic attitude to learning! Well done.
Lyra	Cherries	For trying hard in phonics lessons and being a good role model.



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## Reminders

If you have any issues or questions in the first instance please email your child's class teacher via their year group email address or alternatively email [office@londonmeedprimary.co.uk](mailto:office@londonmeedprimary.co.uk) who will then forward your email onto the relevant member of staff. **Please do not send emails to individual members of staff as, if they are not in school, the email will not be read.**

<a href="mailto:theorchard@londonmeedprimary.co.uk">theorchard@londonmeedprimary.co.uk</a>	The Orchard
<a href="mailto:year1@londonmeedprimary.co.uk">year1@londonmeedprimary.co.uk</a>	Year 1
<a href="mailto:year2@londonmeedprimary.co.uk">year2@londonmeedprimary.co.uk</a>	Year 2
<a href="mailto:year3@londonmeedprimary.co.uk">year3@londonmeedprimary.co.uk</a>	Year 3
<a href="mailto:year4@londonmeedprimary.co.uk">year4@londonmeedprimary.co.uk</a>	Year 4
<a href="mailto:year5@londonmeedprimary.co.uk">year5@londonmeedprimary.co.uk</a>	Year 5
<a href="mailto:year6@londonmeedprimary.co.uk">year6@londonmeedprimary.co.uk</a>	Year 6

**Please remember to send your child in their PE kits on their allocated PE day below:**

Apples - Monday and Thursday

Cherries - Tuesday and Friday

Y1 - Wednesday and Thursday

Y2 - Tuesday and Friday

Y3 - Wednesday and Friday

Y4 - Tuesday and Thursday

Y5 - Tuesday and Wednesday

Y6 - Monday and Thursday

**Amazon Wish Lists** - Thank you so much for your overwhelming support with this.

**It is important that when you order, you put a message inside with the delivery saying which year group it is for and who it is from so the children can say thank you to that child. Please also ensure you order through the list as this will then remove the item so it is not purchased again.**

EYFS <https://amzn.eu/i9G1rlm>

Year 1 <https://amzn.eu/9mK2jpx>

Year 2 <https://amzn.eu/2kD7gYv>

Year 3 <https://amzn.eu/iGSxtVp>

Year 4 <https://amzn.eu/84IbWMy>

Year 5 <https://amzn.eu/dYucRra>

Year 6 <https://amzn.eu/9JiNJVo>

SEN Support <https://amzn.eu/7Lor7mH>

London Meed New Nurture Room and Sensory room <https://amzn.eu/37ZfDXi>



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## School Community News

**New Mental Health and Well-being Website via West Sussex County Council:** West Sussex County Council have launched a new website to help children, families and schools with mental health and well-being. The link is below so please do have a look to see if there is anything that you might find supportive. <https://www.westsussex.gov.uk/education-children-and-families/childrens-mental-health-and-emotional-wellbeing/>

**E Safety Seminar:** The local police are running E-Safety webinars, for parents and carers. To join the webinars please visit <https://www.eventbrite.co.uk/cc/online-safety-for-parents-3386699>

### London Meed KS2 Girls Free Cricket Taster Sessions

with Keymer & Hassocks CC

Tuesday 1st April\*

(\*WEATHER PERMITTING – no indoor space is available this week.

If wet on 1st, we will run Thurs 3rd April\* instead, \*weather permitting.)

Thursday 24th April &

Thursday 1st May

(These sessions will run indoors if raining.)

3.20-4.20pm at London Meed School

KHCC Girls' training starts Friday 25th April, 5.30-6.15, Adastral Park, Hassocks, BN6 8QH.

[Girls Cricket Taster Session on Tuesday 1st April](#)

[Girls Cricket Taster Session on Thursday 24th April](#)

[Girls Cricket Taster Session on Thursday 1st May](#)

Caitlin in Year 1 has been demonstrating fantastic community spirit this week in line with London Meed's values in visiting her local park with a bucket of water to clean and care for the park. Brilliant work, Caitlin!





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Huge well done to Jacob and Faris from 2S who represented Burgess Hill U7s at the Sussex Rugby Festival held at Worthing Rugby Club on Sunday. Lots of tries, tagging and fun had by all.

The club will be having a 'bring a buddy' taster day on Sunday 13th April for ages 5-16 years old for children to have a go at (or get back into) rugby. Please see details on the flyer.



**BRING A BUDDY SUNDAY  
13 APRIL**

## SUPPORTING CHILDREN WITH PARENTAL SEPARATION AND DIVORCE WEBINAR

SATURDAY 26 APRIL 2025, 10AM- 12 MIDDAY

Welcome to our online event on Supporting Children with Parental Separation and Divorce. Join us for a discussion on how to help children navigate the challenges of separation and divorce in a positive and healthy way. Our expert speaker will share valuable insights and therapeutic practical tips to support children during this big life change. Register now and empower yourself with the knowledge to support your children in settling into a new family structure. Price: £28

To book please go to: [Book Supporting Children with Parental Separation and Divorce](#)

## ANXIETY TOOLKIT FOR PARENTS AND CARERS WEBINAR, SATURDAY 24 MAY 2025, 10AM- 12 MIDDAY

Are you feeling overwhelmed by your child's anxiety? Join us for this online event where Your Space Therapies will provide you with therapeutic practical tools and strategies to help you support your child. The expert speaker will share valuable, easy to implement strategies to navigate through challenging situations and promote your child's well-being. Register now and equip yourself with the tools to better understand and support your child to manage anxiety.

Price: £28

To book please go to: [Book Anxiety Toolkit for Parents and Carers](#)



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## **Young Carers**

As a school we are committed to ensuring that all pupils get the support they need to have a positive school experience, are happy in school and can achieve their full potential. We know that for some pupils, factors outside of school can have a big impact on this, particularly if there is someone in their family or a friend who is ill, disabled, or has a mental health problem or an addiction. We think in every class there could be as many as two pupils who are helping to support someone because of one of these factors – we call these young carers. Students can be young carers for lots of different reasons.

They might be providing physical support to a parent with a physical illness such as fibromyalgia or ME, such as cooking, fetching things or helping with things like putting shoes on or doing the shopping

They might be helping a parent with a disability who needs help with more personal tasks such as getting dressed, bathing or changing dressings Or it could be more emotional support – like being there if their autistic sibling is upset, taking responsibility for young siblings whilst parents attend health appointments, or checking that a parent with depression/anxiety is ok. Some young carers might be doing lots of caring, others just a small amount but all are impacted by the situation at home for example by worrying about the person with the health condition, or needing to do more things for themselves compared to other pupils.

There is lots of support available for young carers and their families should they ever need it – both inside and outside of school.

## **How to Join Young Carers**

In the meanwhile, if you think that any of the above applies to your child, and that they might possibly be a young carer then please email [pastorallead@londonmeedprimary.co.uk](mailto:pastorallead@londonmeedprimary.co.uk) for the attention of Ms Brayne, who is the Operational Lead. Even if you feel your child or family are doing really well and don't need any support, we find that it's better for us to be aware and have them on our radar as potential young carers, in case the situation suddenly changes and they (or you) do need support. A copy of our Young Carers Policy can be found on our website.

[https://www.londonmeedprimary.co.uk/web/young\\_carers\\_policy\\_january\\_2024/678710](https://www.londonmeedprimary.co.uk/web/young_carers_policy_january_2024/678710)

and further information about Young Carers can be found under the Statutory information section

[https://www.londonmeedprimary.co.uk/web/young\\_carers\\_/678712](https://www.londonmeedprimary.co.uk/web/young_carers_/678712)





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## Referral to Healthy Child Programme 5-19 School Nursing Service

The School Nursing team can be contacted by parents directly for a variety of issues as listed below:

- Continence issues e.g., soiling, day, or night-time wetting
- Sleep issues
- Support for school staff when they need to produce individual health care plans for pupils
- Poor school attendance related to health issues
- Sexual health advice    Lifestyle concerns including weight, smoking, drugs, or alcohol
- Health needs assessment following safeguarding meetings
- Emotional health and wellbeing support, such as low self-esteem, low mood, low level anxiety



Parents can contact the School Nurse team via the HCP 5-19 duty line 0300 303 1137, option 1.or by texting Parentline on 07312 277011. Parents and young people can also access their websites, Health for Kids and Health for Teens.

## Umbrellas

Parent Support Group  
Spring Term 2025

Would you like to connect with other local parent carers?

If you are a parent or carer of a child or young person with special educational needs and disabilities in West Sussex, please join us at one of our local support groups or from the comfort of your own home.

EMPOWER
INFORM
SUPPORT



<p><b>Shoreham Umbrellas</b> Tuesdays, 10 am - 11.30 am Adur East Family Hub (Shoreham) 14th Jan / 4th Feb / 4th Mar / 1st Apr</p> <p><b>Littlehampton Umbrellas</b> Wednesdays, 10 am - 11.30 am Creative Heart Community Hub (upstairs) 22nd Jan / 12th Feb / 12th Mar / 2nd Apr</p> <p><b>Worthing Umbrellas</b> Tuesdays, 10 am - 11.30 am Durrington Community Centre 21st Jan / 11th Feb / 18th Mar</p>	<p><b>Horsham Umbrellas</b> Wednesdays, 10 am - 11.30 am Horsham Family Hub 15th Jan / 26th Feb / 19th Mar</p> <p><b>Chichester Umbrellas</b> Thursdays, 10 am - 11.30 am Donnington Parish Hall 30th Jan / 27th Feb / 27th Mar</p> <p><b>Burgess Hill Umbrellas</b> Tuesdays, 10 am - 11.30 am The Cherry Tree Centre 28th Jan / 25th Feb / 25th Mar</p>
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If you would like more information about our Umbrellas Support Group or would like the link to join Umbrellas online, please contact the outreach team.

Email: [outreach-training@reachingfamilies.org.uk](mailto:outreach-training@reachingfamilies.org.uk)

**Reaching Families**  
[www.reachingfamilies.org.uk](http://www.reachingfamilies.org.uk)

<b>Umbrellas Online</b>	
<b>Thursdays via Zoom</b>	
16th Jan	7.30 pm - 9 pm
6th Feb	7.30 pm - 9 pm
13th Mar	7.30 pm - 9 pm
3rd Apr	7.30 pm - 9 pm



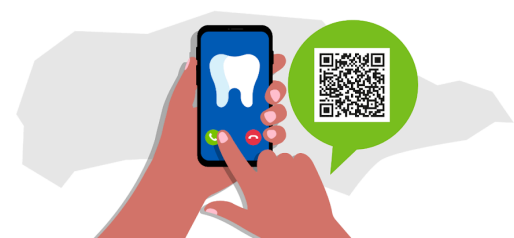
If you need urgent dental help and cannot find a dentist, the Dental Helpline can book you an urgent appointment with an NHS dentist.

For up to-date-information and support on getting urgent dental care, contact:

## 0300 123 1663

Monday to Friday 8am and 4pm

Alternatively, email: [kcht.dentalhelpdesk@nhs.net](mailto:kcht.dentalhelpdesk@nhs.net) for more information.





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## Forthcoming diary dates

Date	Event
Week commencing 24th March	Y6 Bikeability week.
Wednesday 26th March	Biscuit and Banter with Miss Dowley.
Friday 4th April	Easter Raffle
Friday 4th April	Last day of the Spring term.
Monday 7th - 21st April	School closed for the Easter holidays. School reopens Tuesday 22nd April.
Friday 25th April	Rest of Year 5 to visit Marten House
Thursday 1st May to Friday 2nd May	Year 4 Residential at Walton Firze
Monday 12th May to Friday 16th May	Year 6 SAT's Week
Monday 19th May to Friday 23 May	Science week

## **Term Dates 2024-2025**

For WSCC term dates please visit

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/>

## **London Meed Academic Year 2024-2025 term dates including INSET Days**

### **Spring term 2025**

Last day of term Friday 4th April

Easter Holidays 7th to 21st April

### **Summer term 2025**

Starts Tuesday 22nd April

Bank Holiday - 5th May

**INSET DAY - Friday 23rd May** Half term 26th May to 30th May

### **INSET DAY Monday 2nd June**

Last day of term Tuesday 22nd July

### Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell. There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. For more guidance please visit <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

If you do keep your child at home, it's important to notify the school on the first day before 9.20am to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the [Study Bugs App](#)

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.



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**EASTER GYMNASTICS CAMPS**

**£36.50 A DAY INCLUDING SNACKS!**

↑ LONDON MEED PRIMARY SCHOOL, BURGESS HILL RH15 9YQ

MONDAY 7TH APRIL  
MONDAY 14TH APRIL

9AM-3PM (EARLY DROP OFF 8:30 FOR £5 EXTRA/LATE PICK UP UNTIL 4PM FOR £6 EXTRA)

10% MULTI-DAY DISCOUNT & 10% SIBLING DISCOUNT FOR THE 2ND/3RD CHILD AVAILABLE!

**BOOK NOW TO SECURE YOUR SPOT!**

Contact us to book or for more info!  
g.lg@londonmeedprimaryschool.org.uk  
01753 205424  
or DM us on Facebook and Instagram

**PIONEER CHILDCARE**

**HOLIDAY HQ**

**WORLD EXPLORERS**

**WEST SUSSEX EASTER CAMPS!**

Monday 7th - Thursday 17th April 2025

Book online at [pioneerchildcare.co.uk](https://pioneerchildcare.co.uk)

**FREE HAF Places Available**

For primary-aged children in receipt of benefits related Free School Meals  
Book online at <https://bit.ly/free-haf-pioneer>

Sponsored by **The Inklings Foundation** Reg No. 1150335

**Family Fun Sessions**

-Holiday sessions for families of children and young people SEND\*  
\*Special Educational Needs and Disability

**The King's Church**  
**Monday 7 April**  
12.30-2pm and 2.30-4pm  
aimed at ages 3-18

**FREE ADMISSION**

Tickets must be pre-booked from 7 March via **ticketsource**, by calling **The Help Point** on 01444 247726 or in person at 96 Church Walk

Easter themed arts and crafts, activities, information services and much more!  
Follow the Town Council's social media or check our website for updates

Co-organised by **THE KING'S CHURCH** **Burgess Hill** Town Council  
Any questions contact the Community Team on: 01444 238206 or email [communityteam@burgesshill.gov.uk](mailto:communityteam@burgesshill.gov.uk)

**Places Leisure**  
Part of Places for People

Because Community Matters

**Easter Holiday Club**  
**Dolphin Leisure Centre**

Try something different, make new friends and get involved with lots of fun activities in our Holiday Camp!

Mon 7th, Tue 8th, Wed 9th, Thur 10th, Fri 11th, Mon 14th, Tue 15th, Wed 16th & Thur 17th April

08:30-17:30 £33.20

For more information, please speak to a member of the team

MID SUSSEX DISTRICT COUNCIL  
Places for People Leisure Ltd working in partnership with Mid Sussex District Council



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## Burgess Hill Girls School Holiday Camp (Burgess Hill)

# Pied Piper Activities

*holiday camps at Burgess Hill Girls School*

**Embark on an exciting journey with Pied Piper multi-activity camps, the ultimate experience for children aged 4 to 12 during their Easter and Summer holidays!**

Providing fantastic OFSTED registered childcare with over 60 different activities for children to take part in, you will have complete peace of mind knowing that your children are not only having a great time but are safe and cared for too.

Our camps are safe, friendly, and secure, ensuring your child's adventure unfolds in a nurturing environment. Our handpicked staff are carefully selected for their fun-loving, caring, enthusiastic and committed nature and their ability to deliver the Pied Piper difference throughout your child's week at camp.

Join Pied Piper at Burgess Hill Girls School, where joy knows no bounds, and every moment is a chance to create wonderful childhood memories that last a lifetime!



**BOOK NOW ONLINE**



Scan me to book!



*Creating wonderful childhood memories...*

Contact us:

E: [teamyellow@piedpiperactivities.co.uk](mailto:teamyellow@piedpiperactivities.co.uk)

W: [piedpiperactivities.co.uk](http://piedpiperactivities.co.uk)

Follow us on:

@PiedPiperActivitiesLtd

piedpiperactivities



**SOCCER SCHOOLS**

# HOLIDAY COURSE



## EASTER

Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. Book now for our upcoming Holiday Course by scanning the QR code or using the below website and course code.

[chelseasoccerschools.co.uk](http://chelseasoccerschools.co.uk)  
SS-TBCC-X-44

Area	Dates	Venue
Sussex	Tuesday 8th April Wednesday 9th April	Thomas Bennett Community College
Timings	Ages	Cost
09.30-15.00	5-12 Years	£48.00



# TENNIS CAMP

FOR AGES 4 - 15 YEARS

## EASTER DATES

Tuesday 15th - Thursday 17th April  
9.30am - 1.00pm  
£69 for the 3 days  
£26 a day rate

## SUMMER DATES

Week 1: Monday 28th July - Friday 1st August  
9.30am - 1.00pm  
£69 for the 3 days  
£26 a day rate

Week 2: Monday 11th - Wednesday 13th August  
9.30am - 1.00pm  
£69 for the 3 days  
£26 a day rate



Venue: Warden Park Academy, Broad St, Cuckfield, Haywards Heath RH17 5DP

For More Information:  
Download the app Sally Turner Tennis  
Email [sally79@gmail.com](mailto:sally79@gmail.com) or Call 07766 006757