

Bravery Curiosity Resilience Community Respect

We had such an exciting week last week. Apples and Cherries had so many visitors in and I know there are photos further down to showcase all the fun they had with people who help us. Some of our Year 5 children visited Marten House to have a chance to talk to their older residents. They were impeccably well behaved.

This morning, there was high excitement as we warmly welcomed author, MG Leonard to our school. There was a KS2 assembly about her new book "Hunt for the Golden Scarab" followed by a book signing. I have to say she was absolutely amazing - the children sat for an hour, absolutely enthralled with how she writes a series, and her trip to Egypt to research her latest series of novels. The children cannot wait to read her first book in the series. Thanks go to the Book Nook who very kindly arranged the event.

We also have the Burgess Hill Academy brass band coming in on Thursday to perform for the children in assembly. We are so looking forward to seeing them play.

Unfortunately, the school discos on Thursday have been cancelled and we look forward to setting some new dates with the LMA.

Please remember that school is closed on Friday for staff training. Have the most lovely half term and we look forward to seeing you all back at school on Monday 24th February for school as normal.

### **Children's Safety and Lockdown Procedures:**

Before Christmas, we revised and updated our partial and full lockdown procedures. A partial lockdown could be for a swarm of bees, or the ash cloud we had a few years ago, where all children had to be inside with the windows shut. A full lockdown is for any event such as an intruder. Over the holidays, we had work done to add new panic buttons around the school and ensure all alarms worked effectively. We now need to try them out with the children to ensure that they work and the children and staff know what to do in the event of either a full or partial lockdown. Given last week's news both in Birmingham and Sweden, we feel that it is essential that we do practice this and for it to become a regular drill that we practice. We are therefore going to practice a full lockdown at school on Wednesday morning at around 9.00am. We will be explaining to the children beforehand that this is a practice similar to a fire drill. We do not want to scare our children so we will be using the context of an escaped animal for our younger children but will explain a wild animal or intruder to the older children. We know that as parents, you may be concerned about us practising this, but like many other drills, the more practice we have, then should any event happen when we need to use a partial or full lockdown, everyone will know what to do. Please feel free to talk to your child about this before Wednesday if you feel this would help them to understand.

We are also aware that many of you know that we have had a police presence around the school over the last few days. This was due to an incident that happened last week. There is nothing to worry about in terms of your child's safety and that we will do everything we can to ensure this continues. We continue to build a good relationship with our local community police officers.



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### **Payments for Internal Events:**

Sometimes the teachers like to book internal immersion events for the children to support their learning, such as the recent Viking Day in Year 5. When we do these, they do come at a cost for the school which we ask parents to help us with. However, very few parents do pay for these, which means that the school foots most of the bill. We know that Reception would like to book Ollie Heath to come in and work with them, but again, parents would need to help cover the cost. Please can we ask that you do try and help us out with these events.

### **EYFS Visitors**

The children in The Orchard had a really exciting week last week with lots of visitors to help with their learning about 'People who help us'. They had visitors from the RNLI, firefighters with the firetruck, police with a police car and paramedics with an ambulance. The children learnt lots about each of these jobs and really enjoyed getting a chance to see all their vehicles.

A special huge thank you to two of our parents from The Orchard who came to see the children with the ambulance, in full uniform, on their day off!





**Internal clubs** - please remember that due to Parent Consultation Evenings there will be no internal clubs week commencing 3rd March 2025.

### Parent consultation evenings - Tuesday 4th and Thursday 6th March.

Parent Consultation Evenings will be held on Tuesday 4th March from 3.30-6pm and on Thursday 6th March 3.30-6.30pm. An online booking system, through our website host ESchools, will be visible and open to book your appointment on Sunday 23rd February at 6.30pm and it will close on Thursday 27th February at 7pm. To log in please visit www.londonmeedprimary.co.uk and click on the "login" button in the top right hand corner. You will be able to select which available appointment you would like to book and then generate a printable report if you wish to print confirmation of your booking. We do expect separated parents to attend together, because this is in your child's best interests. Please allow a ten-minute gap between appointments if you have more than one child in our school. If you have any queries please email office@londonmeedprimary.co.uk



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### **Book Fair**

The Book Nook will be hosting a Book Fair, in the small hall, after school on Tuesday 4th and 6th March.

### Make up and Jewellery:

Please can we remind you that children are not allowed to wear make up, nail varnish, temporary tattoos or hair glitter to school. We do understand that sometimes they may have had some of these (nail varnish or hair glitter) on over the weekend and getting them off for Monday is tricky, but we do have make up and nail varnish remover at school they can use. If not, a member of staff will ask for them to be removed for the next school day.

We have also noticed some children wearing ring/hoop style earrings. Our uniform policy clearly states that children can only wear studs and these must be removed on days they have PE. If they are within 6 weeks of having their ears pierced then they may wear surgical tape over them - please do not use masking tape as this then sticks to the children's hair and makes getting it off really painful.

#### Nut free school:

We have a number of children with a severe nut allergy. Please ensure that your child's packed lunch does not contain any items of food that contain nuts. This includes pick-up chocolate bars and chocolate croissants. Thank you.



### **London Meed Primary School Newsletter**

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### Many congratulations to our pupils who have been awarded this week's London Meed Hero Award.

Name of child	Class	Reason
Om K.	6B	For your admirable work ethic, academic ability and sustained ambition to succeed. You have also been a great friend and a wonderful member of our class.  Good luck at your new school, Om!
Daisy	6Н	For demonstrating resilience, perseverance and determination when calculating missing angles in maths this week. Fantastic effort Daisy, well done!
Amelie R	5D	For displaying curiosity and creativity when researching and designing a poster about loneliness as part of writing week, where we used the picture book 'Lost and Found' by Oliver Jeffers. Your dedication to your writing is inspiring for the other children at London Meed. Keep up all your hard work, Amelie!
Pavit	5A	For making valuable contributions to class discussions in French. Well done Pavit!
Mahum	4S	For having a consistently good attitude to learning in every lesson. You always try your best and are an amazing role-model to the rest of the class.
Aden	4N	For demonstrating great resilience and determination to finish his work in maths.  He also worked with his partner during PE to create a great dance sequence! Well done, Aden!
Emma	3M	For showing resilience when learning how to punctuate and identify direct speech. You are also a kind, caring and supportive member of the classroom.
Faith	3T	Working hard and being resilient to master measuring in millimetres, centimetres and metres in maths, as well as calculating perimeter. You have also shown bravery asking for help when you need it. Well done!
Darren	20	For a huge improvement in attitude and behaviour for learning. You are showing greater focus and trying hard at everything you do. Your handwriting blew me away! Well done.
Darcey	2S	For trying really hard to compose her sentences before writing. Darcey has even been reading her work to check if it makes sense. Well done for showing such resilience Darcey!
Elliot	1C	For showing creativity and excitement when writing and drawing your story map. You are an excellent role model for the class. Keep up the good work!
Toby	1M	For showing great resilience when learning phonics. Toby is beginning to believe in himself more and try things when reading and writing with greater independence. Well done Toby!
Amal	Cherries	For working hard in all her lessons and trying her best.



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Aadhya

Apples

For trying really hard with her writing and remembering to put finger spaces between words! Well done!

### Thank you Jude from 6B for sharing your family history from WW2!



### **REMINDERS:**

If you have any issues or questions in the first instance please email your child's class teacher via their year group email address or alternatively email office@londonmeedprimary.co.uk who will then forward your email onto the relevant member of staff. Please do not send emails to individual members of staff as, if they are not in school, the email will not be read.

theorchard@londonmeedprimary.co.uk	The Orchard
year1@londonmeedprimary.co.uk	Year 1
year2@londonmeedprimary.co.uk	Year 2
year3@londonmeedprimary.co.uk	Year 3
<u>year4@londonmeedprimary.co.uk</u>	Year 4
year5@londonmeedprimary.co.uk	Year 5
year6@londonmeedprimary.co.uk	Year 6



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Please remember to send your child in their PE kits on their allocated PE day below:

Apples - Monday and Thursday

Cherries - Tuesday and Friday

Y1 - Wednesday and Thursday

Y2 - Tuesday and Friday

Y3 - Wednesday and Friday

Y4 - Tuesday and Thursday

Y5 - Tuesday and Wednesday

Y6 - Monday and Thursday



### Plea from Mr Blake

Mr Blake has been up to inspect our Forest school and unfortunately, due to the weather, a number of items need replacing. Does anyone have a metal fire pit they no longer require? Thank you so much for your kind donations of tea lights. Any donations relating to Forest school would be gratefully received in the school office.

Amazon Wish Lists - Thank you so much for your overwhelming support with this.

It is important that when you order, you put a message inside with the delivery saying which year group it is for and who it is from so the children can say thank you to that child. Please also ensure you order through the list as this will then remove the item so it is not purchased again.

EYFS https://amzn.eu/i9G1rlm

Year 1 https://amzn.eu/9mK2jpx

Year 2 https://amzn.eu/2kD7gYv

Year 3 <a href="https://amzn.eu/iGSxtVp">https://amzn.eu/iGSxtVp</a>

Year 4 https://amzn.eu/84lbWMy

Year 5 https://amzn.eu/dYucRra

Year 6 https://amzn.eu/9JiNJVo

SEN Support <a href="https://amzn.eu/7Lor7mH">https://amzn.eu/7Lor7mH</a>

London Meed New Nurture Room and Sensory room <a href="https://amzn.eu/37ZfDXi">https://amzn.eu/37ZfDXi</a>

### **School Community News:**

New Mental Health and Well-being Website via West Sussex County Council: West Sussex County Council have launched a new website to help children, families and schools with mental health and well-being. The link is below so please do have a look to see if there is anything that you might find supportive.https://www.westsussex.gov.uk/education-children-and-families/childrens-mental-health-and-emotional-wellbeing/



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**E Safety Seminar:** The local police are running E-Safety webinars, for parents and carers. To join the webinars please visit <a href="https://www.eventbrite.co.uk/cc/online-safety-for-parents-3386699">https://www.eventbrite.co.uk/cc/online-safety-for-parents-3386699</a>

### #WakeupWednesday



'Fake news' is a widespread issue in the digital world, and it's overwhelmingly likely that both children and adults will be exposed to it online in fact, a study from the Alan Turing Institute has found that 94% of people in the UK have encountered misinformation on social media and that's only the ones who were aware of it!

However, while some fake news is shared mistakenly by well-meaning individuals, it's also shared by scammers and other cyber-criminals to lend legitimacy to their con. While this presents a clear risk to children and young people online, the question remains as to how we can protect them against

such tactics This week's free guide offers expert advice on the specific ways scammers use misinformation and how to safeguard younger users against these techniques. DOWNLOAD YOUR FREE GUIDE

https://nationalcollege.com/guides/fake-news-and-scams?utm\_campaign=WakeUpWednesday&utm\_medium=email&\_hsenc=p2ANqtz-8y\_-xqTTnhTj3QMKPirqEGYtZFMIqeSXPSCbQTAy52Plim7xKe\_GsT1T1mTlEuwZqCZV3r2zb9qYpRd0IOEGMId3sKYwMn3SuQSx9116RBN4\_50yE&\_hsmi=103868163&utm\_content=103868163&utm\_source=hs\_email

### Referral to Healthy Child Programme 5-19 School Nursing Service

Activities Sussex Community not foundation but	The School Nursing team can be contacted by parents directly for a variety of issues as listed below:
Games	$\square$ Continence issues e.g., soiling, day, or night-time wetting
www.healthforkids.co.uk	☐ Sleep issues
Parentitive 07312 277011	$\hfill\Box$ Support for school staff when they need to produce individual health care plans for pupils
$\hfill\Box$ Poor school attendance related to	health issues
$\square$ Sexual health advice	
$\Box$ Lifestyle concerns including weight	s, smoking, drugs, or alcohol
☐ Health needs assessment following	g safeguarding meetings
☐ Emotional health and wellbeing su	pport, such as low self-esteem, low mood, low level anxiety

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Parents can contact the School Nurse team via the HCP 5-19 duty line 0300 303 1137, option 1.or by texting Parentline on 07312 277011. Parents and young people can also access their websites, Health for Kids and Health for Teens.

### Forthcoming diary dates

Date	Event
Friday 14th February	INSET DAY - school closed to pupils.
17th - 21st February	HALF TERM - school closed.
Monday 24th February	School reopens after half term.
Wednesday 26th February	Biscuit and Banter with Miss Dowley
Thursday 27th February	Y3 visit to the Pavilion.
Friday 28th February	The Orchard visit to Waitrose.
Tuesday 4th and Thursday 6th March	Parent Consultation evenings and Book Fair in the small hall. Further details to follow.
Friday 5th March	Y6 trip to Newhaven.
Tuesday 11th March	Y2 trip to the British Wildlife Centre.
Wednesday 12th March	Young Carers Action Day
Tuesday 18th March	Y3 Bee talk and Y4 Reptile visit
Friday 21st March	Comic Relief.
Week commencing 24th March	Y6 Bikeability week.
Wednesday 26th March	Biscuit and Banter with Miss Dowley.
Thursday 3rd April	Easter Raffle - details to follow.
Friday 4th April	Last day of the Spring term.
Monday 7th - 21st April	School closed for the Easter holidays. School reopens Tuesday 22nd April.



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#### Term Dates 2024-2025

For WSCC term dates please visit

https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/school-term-dates/

London Meed Academic Year 2024-2025 term dates including INSET Days

Spring term 2025

**INSET DAY - Friday 14th February** 

Half term 17th February to 21st February Children return Monday 24th February Last day of term Friday 4th April Easter Holidays 7th to 21st April

Summer term 2025

Starts Tuesday 22nd April Bank Holiday - 5th May

INSET DAY - Friday 23rd May Half term 26th May to 30th May

**INSET DAY Monday 2nd June** 

Last day of term Tuesday 22nd July

### Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about managing specific infectious diseases at GOV.UK. These say when children should be kept off school and when they shouldn't. For more guidance please visit <a href="https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/">https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/</a>

If you do keep your child at home, it's important to notify the school <u>on the first day before 9.20am</u> to let them know that your child won't be in and give them the reason. You can leave a message on the absence line 01444 232336 or report their absence on the <u>Study Bugs App</u>

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, please let their teacher know via their year group email address.

If you need any support in regard to children experiencing anxiety we are offering a down-to-earth webinar with lots of practical strategies to emotionally support overwhelming feelings.

The webinar is 'Anxiety Toolkit' and is on 25th January at 10am. For tickets please follow this link Anxiety Toolkit Tickets

Many thanks and best wishes, Your Space Therapies Limited



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#### February Half Term Fun!

#### Join the FREE exciting activities in Burgess Hill this February half term!

#### **Craft Sessions**

On Monday 17th February, join us and the Burgess Hill Creative Community for crafts at the Kiln. Sessions will run at 10am, 11am or 12pm, with crafts aimed at ages 5-11. It is free to attend but advanced booking is required from 3rd February, by calling 01444 247726 or by visiting our website.

Please note that families are asked to only book one session and the 12pm is a session for those with SEND (Special educational needs and disabilities) and their siblings. Parent/carer interaction is required and children must be accompanied.

The nearest car park for The Kiln, (30-32 The Martlets, RH15 9NN) is the multi-storey car park (off of Civic Way). This is a pay and display car park.

### **Young Carers Fun Days**

The next Fun Day will be on Tuesday 18th February, 10am-2.30pm at Fairfield Community Centre. Run by Burgess Hill Youth, young carers are invited to attend free of charge, with lunch included. There will be games and activities, for ages 6-11 years old. Places must be registered in advance, by 9am on Friday 14th February, via our dedicated young carers webpage.

What is a young carer?



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### Treat for Carers day

If you are an unpaid adult carer in Burgess Hill, who supports an ill, frail, or disabled family member, friend or partner who is unable to manage without support, then register FREE to attend the Treat Day for Carers, on Thursday 6th March! Held at Burgess Hill Girls from 10.15am until 2pm, there will be pamper treatments, as well as activities to get involved with and information services to talk to. The school will be providing a lovely lunch to all attendees, with musical entertainment and a free raffle, including prizes from Jupps fish&chip shop and Plumpton Racecourse. Joining us with information will be Carers Support, West Sussex Fire and Rescue, and West Sussex Young Carers, to name a few! For this year's event we will be trialling advanced appointment bookings, to ensure fairness. During the booking process you will be asked your 1st, 2nd and 3rd choices, with a view to everyone being booked into 2 of the 3 preferred choices. We please ask that you choose three different appointment types to ensure we can accommodate

your request. You will then be informed of your bookings and timings when you arrive at the event. To book please call 01444 247726 or visit The Help Point at 96 Church Walk. You are welcome to bring the person you care for along to the event if they are an adult, unfortunately children cannot be accommodated at this event. For further information contact communityteam@burgesshill.gov.uk This event is co-organised by Burgess Hill Girls and Burgess Hill Town Council, with sponsorship from Carer Support West Sussex